

On March 20th, the 7th grade students will study an important lesson on the early stages of puberty. They will view the video *Always Changing and Growing Up* from Proctor and Gamble. The *Always Changing and Growing Up* program is based on national research and consultation with school nurses, health educators, parents, and medical professionals.

The program helps boys and girls:

- understand the physical and emotional changes they experience during puberty
- acknowledge these changes as a normal part of growing up
- learn the physiology of their bodies and correct terminology for parts of the reproductive system
- understand that personal hygiene is each individual's responsibility

In addition, the program helps girls:

- understand the menstrual cycle
- understand what to expect during the menstrual cycle
- learn how to manage the menstrual cycle while continuing with normal activities.

**Boys and girls will view the program separately.**

**Notice of Written Parental Consent for Instruction in Sensitive Content  
2023-24 School Year**

**Dear Parent/Guardian:**

**GISD will be offering instruction in the topic listed below. Due to the nature of the topic, your written consent is required should you want your child to participate. Texas law provides the following information so that you can make an informed decision for your child. The topic that will be presented is:**

- **Puberty Education, 5th through 7th grade, during the 2023-2024 school year**
  - **Understand the physical and emotional changes during puberty**
  - **Personal hygiene**
  - **Physiology of the body and correct terminology for parts of the reproductive system**

**An opt-in form will be sent to you along with a notification 14 days before the curriculum presentation. If you wish for your child to receive the curriculum instruction you will be required to return the opt-in form to your child's teacher. Under Texas law, if you do not complete the form agreeing to instruction, your child will not be allowed to participate. Your child's teacher will assign alternative lessons or activities, and your child will not be subject to any disciplinary action, academic penalty, or other sanction.**

**The Greenville ISD Board of Trustees has approved the use of this curriculum, based on the recommendation of the Greenville ISD School Health Advisory Council. The district's School Health Advisory Council (SHAC) is composed of parents, students, community, and school staff members and ensures that local community values are reflected in the district's health education instruction.**

**More information can be found on the Greenville ISD SHAC webpage, which is located under the Health Services department at [greenvilleisd.com](http://greenvilleisd.com). If you have any questions specifically about SHAC, or if you are interested in further information regarding SHAC, please view the webpage or contact Greenville ISD Director of Health Services, Sherri Cano.**

**The chosen curriculum is compliant with Section 28.004 of the Texas Education Code.**

**Curriculum Review**

**Under state law (Texas Education Code 28.004), parents have the right to review or purchase curriculum material related to these topics. To review the curriculum materials or if you have any questions regarding the curriculum materials, please contact GISD Deputy Superintendent, Dr. Shazzma Crooks or you can look at it here: <https://www.greenvilleisd.com/Page/3763>**

**Opportunities for Parent/Guardian Involvement**

**Parents/guardians have the opportunity to be involved in the development or selection of the curriculum used for instruction regarding puberty education. The School Health Advisory Council (SHAC) meets regularly throughout the school year and meetings are open to the public. The SHAC will review and make recommendations to the district about any changes**

to the current curriculum or any new program to be implemented in these specific areas. The SHAC shall hold two public feedback meetings if any curriculum is being adopted or revised.

### **Grievance Procedures**

A parent may use the grievance procedure concerning a complaint of a violation of notice requirements. The district has adopted a standard complaint policy at FNG(LOCAL) in the district's policy manual. A copy of this policy may be obtained in the principal's or superintendent's office or on the district's website at [greenvilleisd.com](http://greenvilleisd.com). Parents may also use the appeals process under Texas Education Code Section 7.057.

We look forward to working with you to ensure your child has a positive and educationally enriching experience this school year. Again, if you have any questions, please do not hesitate to contact me.

Sincerely,

Shaquetta Taylor  
School Counselor  
Greenville Middle School  
903-453-3213

